



Summary

**NORTHEASTERN
FIELD
CONFERENCE**

**Friday, August 30,
to Sunday, September 1, 2024**

Halifax, Pennsylvania

Barbara Watts
Norman Park, Georgia

Arriving in the beautiful mountains of Pennsylvania, we entered the lovely Fox Run Farm and Retreat. The facilities are new and modern. Cool weather and rain were part of the conference. We pray that you will be blessed by this brief summary of the meetings and will enjoy the pictures.



The conference theme was "He saith unto them, But whom say ye that I am?" Matthew 16:15. A special theme song, "The Christ," written by Sister Melite Hunger, appeared on the back cover of the Program.



At 7:00 pm, Elder Cadmiel Hunger took the place of his father, Elder Pablo Hunger, who had fallen and broken his arm while on a missionary trip in the Pacific islands, to welcome the believers and

open the conference. The question was asked, "Who is Christ for you?" Sister Marleny Salazar, secretary of the Northeastern Field also welcomed all who were in attendance and wished everyone a wonderful conference.

The Sabbath was opened by Elder Larry Watts under the topic, "**Jesus, My True Rest.**" Psalm 62:1, 2. On Adam and Eve's first day of life, a lot happened. Adam viewed the world that God had created, heard the first sounds of the animals, named them, and noticed that they came in pairs. God waited for Adam to recognize his need before giving him Eve. At the end of the day, God said that the creation was "very good," and He rested from His work. The first full day that God and man spent together was the

Holy Sabbath. Jesus "only is my rock and my salvation; He is my defence; I shall not be greatly moved [shaken]." When will God's people come to the point of recognizing that their salvation comes from God alone? Let us be terrified of nothing, which is the evidence of eternal salvation, as we rest on every Sabbath and practice for the society of heaven.

At 8:00 pm, the congregation was divided into study groups to learn about "**Jesus, My Friend**" (John 15:13-15), with the adults being led by Elder Idel Suarez, Jr.; the youth, by Elder Yony Delgado Cotrina; and the children by Elder Cadmiel Hunger. Jesus calls people His friends when they do "whatsoever I command you." He gave His life for and became man's Friend when he was Christ's enemy. He said, "Henceforth I call you not servants; for



the servant knoweth not what his lord doeth: but I have called you friends; for all things that I have heard of My Father I have made known unto you." Do you forgive your spouse, friends, and children? That is something that everyone must learn to do. "But thou, Israel, art My servant, Jacob whom I have chosen, the seed of Abraham My friend." Isaiah 41:8. We spend time with friends, as at this conference, and it is especially important to spend time with God, with Christ, our Friend and Confidant.

Sabbath

The Sabbath morning worship service was presented by Elder Inayat Daniel, with the topic, "**Jesus, the Prophet.**" John 6:14. The Jews were waiting for the coming of the great Prophet. Jesus was far above a prophet, even though





He came as one. He was God in the form of a prophet, which in itself is unique and a great mystery. Hundreds and thousands followed Him. When Jesus provided food for the five thousand, the experience was so great that they said, "This is of a truth that Prophet that should come into the world." They expressed their joy openly and ate heavenly food, the bread of life. We came to this place to hear God's word



and give our minds and hearts—our lives—to Jesus.

Following a song service, *Elder Pablo Hunger* opened the services for the morning, reading from John 1:1-14. "And the Word was made flesh, and dwelt among us, (and we beheld His glory, the glory as of the only Begotten of the Father,) full of grace and truth." *Elder Samuel Itzep* led the **Sabbath school**. *Sister Karla Barnedo* presented the health minute, explaining that good health requires more than just



being vegetarian. At her work, a man who came into the hospital with a heart attack was a vegetarian. For the missionary minute, Elders Pablo and Cadmiel Hunger presented activities being carried out in the Northeastern Field and also internationally.

After telling the children an allegorical story about tools in the carpenter shop, *Elder Idel Suarez, Jr.*, explained how Jesus gathers His children like tools to



work together, forgive each other, and be instruments in His hands to build beautiful characters in His church.

Elder Suarez presented the conference theme in the sermon—**"He saith unto them, But whom say ye that I am?"** John 16:15. When God called Moses at the burning bush and commissioned him to go to Egypt to lead His people out of slavery, Moses asked Him, "Behold, when I come unto the children of Israel, and shall say unto them, The God



of your fathers hath sent me unto you; and they shall say to me, What is His name? what shall I say unto them? And God said unto Moses, I AM THAT I AM: and He said, Thus shalt thou say unto the children of Israel, I AM hath sent me unto you." Exodus 3:13, 14. He is the self-existing One, the Eternal One, Almighty God, Creator of the universe.



Jesus used the phrase "I AM" ten times in reference to Himself. He is also presented in Scripture as light, bread, the good shepherd, the door, the way, the truth, the resurrection, and the life. He even said, "Verily, verily, I say unto you, Before Abraham was, I am." John 8:58. When they heard these words, the



Jews picked up stones to cast at Him, because they saw Him only as a man. But the testimony of the angel before Jesus' birth was, "... Therefore that holy Thing which shall be born of thee shall be called the Son of God." Luke 1:35. The prophecy of Isaiah 7:14 was, "Behold, a virgin shall conceive, and bear a Son, and shall call His name Immanuel." The fulfillment appeared in Matthew 1:23: "... And they shall call His name Emmanuel, which being interpreted is, God with us." Let us be quick to recognize the great I AM and be a reflection of Him wherever we go.

After a nature walk, *Elder Cadmiel Hunger*, *Brother Elvis Feliciano*, and *Sister Kaila Suarez* led a meeting of praise and experiences. *Elder Yony Delgado Cotrina* told about his great desire to be a spiritual worker and how that came about. He encouraged the young people to give their best to the Master. Another brother told of a fright-

ening experience he made with Elder Cadmiel Hunger in driving through a storm and a tornado. Elder Larry Watts related part of the experience of the severe automobile accident in which God spared his life and put it on a completely different path. Every person is here for a purpose, so take care of what God has given you. Let us praise Him every second and know Him personally and deeply.



A workshop was held at 5:30 pm under the topic, **“Jesus, My Example.”**

THE CHRIST

1.
Who is the Master they call;
Is it a Prophet at all?
Whom do they say is that Man?
Whom do you say that I am?
2.
He counts the number of stars
And calls them all by their names.
He warms the cold with His light,
Ignites the fire in the night.
3.
When doubts and fear flood my soul,
He picks me up, makes me whole.
Strength to the weak He supplies
And wipes the tears from a mother's eyes.
4.
He sees the dreams I have sown,
And feels the pain that I own.
He knows the paths I have led,
And hears the prayers that I've said.

Refrain

You are the Christ,
The Son of the living God,
My Friend, my true Rest;
In Thee forever I am blessed.

—Melite Hunger

Ephesians 5:1, 2. Sister Margie Seely led the adults; Elder Idel Suarez, Jr., led the youth; and Elder Joami Barredo led the children. Jesus lived what He was, setting the ultimate example. One wonders how to live as He lived,



when we have never seen Him. The descriptions of His life in Scripture are a powerful record as one reads the stories. He communicated with the people. He ate and walked with them. His example is recorded. This is the richest source of information about who God is. Little children are especially responsive to example. Before a baby is born, he hears his parents' voices. Remember that God is interactive, responding, hearing, comforting, rejoicing, and developing a connection with all who desire to walk with Him. Every type of example is influential—words, actions, blessings, and sacrifices. People are watching you, just as they watched Jesus when He was on this earth. Let their interest be rewarded as they see Christians revealing Jesus.



The Sabbath closing service, under the topic of **“Jesus, the King of My Life”** (Colossians 1:13, 14), was given by Elder Yony Delgado Cotrina. The verses describe God delivering His children “from the power of darkness” and



translating them “into the kingdom of His dear Son.” That kingdom’s principles, power, and authority create great value not just for the here and now but for eternity. What a kingdom, characterized by mercy, judgment, truth, and righteousness! “Christ does not ac-



knowledge any caste, color, or grade as necessary to become a subject of His kingdom.... His subjects are those who are partakers of the divine nature, having escaped the corruption that is in the world through lust. And this grace is given them of God.” —*God’s Amazing Grace*, p. 52. We cannot trust Him until we accept Him as King; then we obey His commandments by faith which works by love. In Him “we have redemption through His blood, the forgiveness of sins, according to the riches of His grace.” Ephesians 1:7.

A bonfire was enjoyed by the young people and the young at heart before retiring for the night.

Sunday

Brother Francisco Vasquez presented the Sunday morning worship service. The topic was **“Jesus Works Miracles and Transforms Me.”** Jesus met a paralyzed man by the pool of Bethesda, as presented in John 5. When He asked the man if he would like to be healed,



the paralytic explained that he had no one who could help him move quickly into the pool when it was supposed that an angel moved the waters to impart healing. Jesus simply said, "Rise, take up thy bed, and walk." The man did not hesitate at the command but immediately acted on it. Such healing is available to all. Let everyone be ready and willing to respond to Jesus' loving, miraculous transformation!

Right after breakfast, *Sister Lisbeth Hunger* and her assistants demonstrated in a short cooking class the preparation of a cake that was baked for the midday meal.

At 10:00 am, the baptismal service was conducted by *Elder Pablo Hunger*. Jesus wants to make a covenant with everyone, but only a few see its great value. This covenant includes claiming Heaven's promises. The young people were urged not to put off to some un-



certain time the making of this covenant, for they need the special grace of God now. Elder Hunger presented the baptismal questions to Brother William Muñoz. The young man said that, as a child, he always wanted to be baptized, so he was very happy for his experience at this conference.



The congregation walked down to the little lake, and Elder Cadmiel Hunger baptized him in the name of the Father, the Son, and the Holy Ghost. When everyone returned to the meeting hall, Elder Idel Suarez, Jr., accepted the brother into church fellowship. "As the hart panteth after the water brooks, so panteth my soul after Thee, O God." Psalm 42:1.



At 11:45 am, Elder Larry Watts presented a workshop titled **"Jesus Knows Your Needs."** "The Lord is my shepherd; I shall not want." "Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God." "And He said unto me, My grace is sufficient for thee: for My strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me." Psalm 23:1; 2 Corinthians 3:5; 12:9. In psychology, a



theoretical *Hierarchy of Needs* was created by Abraham Maslow in the middle of the last century. Human needs were arranged in this hierarchy, with physiological (survival) needs at the bottom, and the more creative and intellectually oriented "self-actualization" needs at the top. God is not mentioned in this system, even though one can see that being a blessing to others, as shown in Jesus' walk on earth, is the peak of hap-



piness for the Christian. Jesus wants everyone to be a channel through which He can work to save souls. "But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To Him be glory both now and for ever." 2 Peter 3:18.



The closing of the conference took place at noon. Elder Pablo Hunger read Matthew 16:13-17, where the apostle Peter's answer to Jesus' question appears. "And Simon Peter answered and said, Thou art the Christ, the Son of the living God." What topics do we study? People think that they know Jesus, and many are religious. But God wants more than this. Jesus said, "Blessed art thou, Simon Bar-jona: for flesh and blood hath not revealed it unto thee, but My Father which is in heaven." Jesus does not want to be just a historical figure in



the Bible. He wants to be the I AM in you. Talk to Him. Be a son or daughter of the living God.

Elder Hunger thanked all of the presenters for the blessings that they shared, the musicians for the wonderful music, and those who helped in the kitchen and around the grounds for their help with the practical aspects of the conference.

The theme song was sung one last time. Everyone joined in the farewell hymn, "God Be with You 'Til We Meet Again," and the benediction was pronounced by Elder Yony Delgado Cotrina as the ministers raised their hands to pronounce God's blessing over the congregation. God bless all who attended this conference and those who read this summary. Let us truly know and fully embrace "the Christ, the Son of the living God"—the I AM.

"In My Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you. And if I go and prepare a place for you, I will come again, and receive you unto Myself; that where I am there ye may be also." John 14:2, 3.



*Emil Bainhardt
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The human brain tips the scales at about three pounds. This powerhouse holds your personality and all your memories. The brain coordinates your thoughts, emotions, and movements, which are made possible by billions of nerve cells called neurons. The brain sends information to and receives information from the body. If the neurons that conduct the information are not working properly, strength, balance, and coordination may be impaired; in addition there may be numbness, tingling, a feeling of pins and needles, and pain. Strokes, head injuries, drug use, and health conditions like Alzheimer's disease and Parkinson's disease can cause brain cell damage or loss. Let us look at seven health tips to protect the brain.

1. Exercise

People who are physically active tend to keep their minds sharp. Physical exercise can benefit the brain even



more than the body, helping to improve balance, flexibility, strength, energy, and mood. Research suggests that exercise may also lower the risk of developing Alzheimer's disease. The Department of Health and Human Services recommends at least 150 minutes of moderate exercise per week, such as brisk walking, or 75 minutes of vigorous aerobic activity per week, such as jogging, running, cycling, or swimming.

2. Protect your head

A traumatic head injury can lead to loss of memory and impaired thinking. Such an injury can affect emotions, speech, strength, balance, and coordination and cause a coma or even death. To protect your brain, always wear a seat belt when you are in a car. Always wear a helmet when there is a risk of a head injury, including when you are cycling, skiing, horseback riding, or using a motorcycle, snowmobile, or all-terrain vehicle. Take extra caution to prevent falls when using a ladder or walking on uneven and unfamiliar ground. Declutter your home; and remove loose throw rugs, extension cords, toys, or any other items that may trip you.

3. Take care of your health

Some medical conditions can impair thinking and memory, increasing the risk of having a stroke, which can damage blood vessels in the brain. Among the most common of such conditions are diabetes, heart disease, and elevated blood pressure. Follow your healthcare provider's direc-

tions on how best to deal with these conditions.

4. Maintain social connections

Being social helps to ward off anxiety, depression, and stress. These conditions can worsen memory loss and increase the risk of a decline in thinking and Alzheimer's disease.

5. Get a good night's sleep

Restful, deep sleep every night is very important for brain function and memory. It maintains one's level of alertness and makes daily tasks enjoyable. Deep sleep also eases stress and depression. It is supremely important to get 7 to 9 hours of sleep every night. Conditions that disturb sleep increase the risk of dementia, causing a decline in thinking skills.

6. Enjoy a salad

Research has shown that eating a healthful diet plays a role in preventing or delaying symptoms of dementia. A brain-focused diet includes lots of leafy green vegetables and a variety of colorful vegetables, berries, nuts, seeds, and whole grains. One is advised to avoid butter, cheese, and sweets.

7. Challenge your brain

Just as physical activity keeps your body in shape, activities that engage the mind can keep the brain in shape. The following activities may help to improve brain function and memory: doing crossword puzzles, reading, playing games, learning to play a musical instrument, or trying a new hobby.

For additional information, please consult with your primary care physician or provider.

References

Daniel G. Amen, MD
Anthony A. Goodman, MD
Mark Hyman, MD
Mayo Clinic

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IMMANUEL— “God with us”

Ellen G. White

Nearly two thousand years ago, a voice of mysterious import was heard in heaven, from the throne of God, “Lo, I come.” “Sacrifice and offering Thou wouldest not, but a body hast Thou prepared Me.... Lo, I come (in the volume of the Book it is written of Me,) to do Thy will, O God.” Hebrews 10:5-7. In these words is announced the fulfillment of the purpose that had been hidden from eternal ages. Christ was about to visit our world, and to become incarnate. He says, “A body hast Thou prepared Me.” Had He appeared with the glory that was His with the Father before the world was, we could not have endured the light of His presence. That we might behold it and not be destroyed, the manifestation of His glory was shrouded. His divinity was veiled with humanity—the invisible glory in the visible human form.

This great purpose had been shadowed forth in types and symbols. The burning bush, in which Christ appeared to Moses, revealed God. The symbol chosen for the representation of the Deity was a lowly shrub, that seemingly had no attractions. This enshrined the Infinite. The all-merciful God shrouded His glory in a most humble type, that Moses could look upon it and live. So in the pillar of cloud by day and the pillar of



fire by night, God communicated with Israel, revealing to men His will, and imparting to them His grace. God’s glory was subdued, and His majesty veiled, that the weak vision of finite men might behold it. So Christ was to come in “the body of our humiliation” (Philippians 3:21, R.V.), “in the likeness of men.” In the eyes of the world He possessed no beauty that they should desire Him; yet He was the incarnate God, the light of heaven and earth. His glory was veiled, His greatness and majesty were hidden, that He might draw near to sorrowful, tempted men.

God commanded Moses for Israel, “Let them make Me a sanctuary; that I may dwell among them” (Exodus 25:8), and He abode in the sanctuary, in the midst of His people. Through all their weary wandering in the desert, the symbol of His presence was with them. So Christ set up His tabernacle in the midst of our human encampment. He pitched His tent by the side of the tents of men, that He might dwell among us, and make us familiar with His divine character and life. “The Word became flesh, and tabernacled among us (and we beheld His glory, glory as of the Only Begotten from the Father), full of grace and truth.” John 1:14, R.V., margin.

Since Jesus came to dwell with us, we know that God is acquainted with our trials, and sympathizes with our griefs. Every son and daughter of Adam may understand that our Creator is the friend of sinners. For in every doctrine of grace, every promise of joy, every deed of love, every divine attraction presented in the Saviour’s life on earth, we see “God with us.”

Satan represents God’s law of love as a law of selfishness. He declares that it is impossible for us to obey its precepts.

The fall of our first parents, with all the woe that has resulted, he charges upon the Creator, leading men to look upon God as the author of sin, and suffering, and death. Jesus was to unveil this deception. As one of us He was to give an example of obedience. For this He took upon Himself our nature, and passed through our experiences. “In all things it behooved Him to be made like unto His brethren.” Hebrews 2:17. If we had to bear anything which Jesus did not endure, then upon this point Satan would represent the power of God as insufficient for us. Therefore Jesus was “in all points tempted like as we are.” Hebrews 4:15. He endured every trial to which we are subject. And He exercised in His own behalf no power that is not freely offered to us. As man, He met temptation, and overcame in the strength given Him from God. He says, “I delight to do Thy will, O My God: yea, Thy law is within My heart.” Psalm 40:8. As He went about doing good, and healing all who were afflicted by Satan, He made plain to men the character of



God’s law and the nature of His service. His life testifies that it is possible for us also to obey the law of God.

By His humanity, Christ touched humanity; by His divinity, He lays hold upon the throne of God. As the Son of man, He gave us an example of obedience; as the Son of God, He gives us power to obey. It was Christ who from the bush on Mount Horeb spoke to Moses saying, “I AM THAT I AM.... Thus shalt thou say unto the children of Israel, I AM hath sent me unto you.” Exodus 3:14. This was the pledge of Israel’s deliverance. So when He came “in the likeness of men,” He declared Himself the I AM. The Child of Bethlehem, the meek and lowly Saviour, is God “manifest in the flesh.” 1 Timothy 3:16. And to us He says: “I AM the Good Shepherd.” “I AM the living Bread.” “I AM the Way, the Truth, and the Life.” “All power is given unto Me in heaven and in earth.” John 10:11;

6:51; 14:6; Matthew 28:18. I AM the assurance of every promise. I AM; be not afraid. "God with us" is the surety of our deliverance from sin, the assurance of our power to obey the law of heaven.

In stooping to take upon Himself humanity, Christ revealed a character the opposite of the character of Satan. But He stepped still lower in the path of humiliation. "Being found in fashion as a man, He humbled Himself, and became obedient unto death, even the death of the cross." Philippians 2:8. As the high priest laid aside his gorgeous pontifical robes, and officiated in the white linen dress of the common priest, so Christ took the form of a servant, and offered sacrifice, Himself the priest, Himself the victim. "He was wounded for our transgressions, He was bruised for our iniquities: the chastisement of our peace was upon Him." Isaiah 53:5.

Christ was treated as we deserve, that we might be treated as He deserves. He was condemned for our sins, in which He had no share, that we might be justified by His righteousness, in which we had no share. He suffered the death which was ours, that we might receive the life which was His. "With His stripes we are healed."



By His life and His death, Christ has achieved even more than recovery from the ruin wrought through sin. It was Satan's purpose to bring about an eternal separation between God and man; but in Christ we become more closely united to God than if we had never fallen. In taking our nature, the Saviour has bound Himself to humanity by a tie that is never to be broken. Through the eternal ages He is linked with us. "God so loved the world, that He gave His only-begotten Son." John 3:16. He gave Him not only to bear our sins, and to die as our sacrifice; He gave Him to the fallen race. To assure us of His immutable counsel of peace, God gave His only-begotten Son to become one of the human family, forever to retain His human nature. This is the pledge that God will fulfill His word.

"Unto us a child is born, unto us a son is given: and the government shall be upon His shoulder." God has adopted human nature in the person of His Son, and has carried the same into the highest heaven. It is the "Son of man" who shares the throne of the universe. It is the "Son of man" whose name shall be called, "Wonderful, Counselor, The mighty God, The everlasting Father, The Prince of Peace." Isaiah 9:6. The I AM is the Daysman between God and humanity, laying His hand upon both. He who is "holy, harmless, undefiled, separate from sinners," is not ashamed to call us brethren. Hebrews 7:26; 2:11. In Christ the family of earth and the family of heaven are bound together. Christ glorified is our brother. Heaven is enshrined in humanity, and humanity is enfolded in the bosom of Infinite Love.

Of His people God says, "They shall be as the stones of a crown, lifted up as an ensign upon His land. For how great is His goodness, and how great is His beauty!" Zechariah 9:16, 17. The exaltation of the redeemed will be an eternal testimony to God's mercy. "In the ages to come," He will "show the exceeding riches of His grace in His kindness toward us through Christ Jesus." "To the intent that ... unto the principalities and the powers in the heavenly places might be made known ... the manifold wisdom of God, according to the eternal purpose which He purposed in Christ Jesus our Lord." Ephesians 2:7; 3:10, 11, R.V.

Through Christ's redeeming work the government of God stands justified. The Omnipotent One is made known as the God of love. Satan's charges are refuted, and his character unveiled. Rebellion can never again arise. Sin can never again enter the universe. Through eternal ages all are secure from apostasy. By love's self-sacrifice, the inhabitants of earth and heaven are bound to their Creator in bonds of indissoluble union.

The work of redemption will be complete. In the place where sin abounded, God's grace much more abounds. The earth itself, the very field that Satan claims as his, is to be not only ransomed but exalted. Our little world, under the curse of sin the one dark blot in His glorious creation, will be honored above all other worlds in the



universe of God. Here, where the Son of God tabernacled in humanity; where the King of glory lived and suffered and died—here, when He shall make all things new, the tabernacle of God shall be with men, "and He will dwell with them, and they shall be His people, and God Himself shall be with them, and be their God." And through endless ages as the redeemed walk in the light of the Lord, they will praise Him for His unspeakable Gift—**Immanuel, "God with us."** —*The Desire of Ages*, pp. 23-26.

EVENTS

AMERICAN UNION WORKERS' SEMINAR

Tuesday, October 22,
to Sunday, October 27, 2024
Norman Park, Georgia

AMERICAN UNION CONFERENCE

Friday, December 20,
to Monday, December 23, 2024
Norman Park, Georgia

AMERICAN UNION DELEGATES' MEETINGS

Tuesday, December 24,
to Wednesday, December 25, 2024
Norman Park, Georgia

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